

RVHS Swim Team Calendar – 2015-16 Season

~ November 2015 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9 Mandatory Team Meeting 8:00 – 8:45 am Try-outs Practice – 8:30-9:30 pm Potomac Club	10 Try-outs Time Trials – 8:30-9:30 pm Potomac Club	11 Try-outs Time Trials – 8:30-9:30 pm Potomac Club	12 Mandatory Team Meeting – 4:00-5:00 pm Room 1206	13	14
15	16 Practice – 8:30-9:30 pm Potomac Club	17 Team Picture – 4:00-6:00 pm @ RVHS Parent's Meeting – 7:00- 9:00 pm @ RVHS Practice – 8:30-9:30 pm Potomac Club	18 Practice – 8:30-9:30 pm Potomac Club	19 Team Meeting – 4:00-5:00 pm Room 1206 Starting Blocks Practice Optional 9:30-10:30pm – Ida Lee	20	21
22	23 Practice – 8:30-9:30 pm Potomac Club	24 Practice – 8:30-9:30 pm Potomac Club	25 **NO PRACTICE**	26	27	28
29	30 Practice – 8:30-9:30 pm Potomac Club			Notes:		

~ December 2015 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Practice – 8:30-9:30 pm Potomac Club	2 Practice – 8:30-9:30 pm Potomac Club	3 Team Meeting – 4:00-5:00 pm Room 1206 <i>Starting Blocks Practice Optional</i> 9:30-10:30pm – Ida Lee	4 Pasta Party @TBD – 7:00pm	5 Swim Meet (Claude Moore) vs John Champe – 3:30 pm
6	7 Practice – 8:30-9:30 pm Potomac Club	8 Practice – 8:30-9:30 pm Potomac Club	9 Practice – 8:30-9:30 pm Potomac Club	10 Team Meeting – 4:00-5:00 pm Room 1206 <i>Starting Blocks Practice Optional</i> 9:30-10:30pm – Ida Lee	11	12
13	14 Practice – 8:30-9:30 pm Potomac Club	15 Practice – 8:30-9:30 pm Potomac Club	16 Practice – 8:30-9:30 pm Potomac Club	17 Team Meeting – 4:00-5:00 pm Room 1206 Pasta Party @TBD – 7:00pm	18 Swim Meet (Ida Lee) vs Loudoun Valley – 9:00 pm	19 Swim Meet (Ida Lee) at Tuscarora – 6:00 pm
20	21 Practice – 8:30-9:30 pm Potomac Club **Optional**	22 Practice – 8:30-9:30 pm Potomac Club **Optional**	23 Practice – 8:30-9:30 pm Potomac Club **Optional**	24	25	26
27	28 Practice – 8:30-9:30 pm Potomac Club	29 Practice – 8:30-9:30 pm Potomac Club	30 Practice – 8:30-9:30 pm Potomac Club	31		

~ January 2016 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Pasta Party @TBD – 7:00pm	2 Swim Meet (Claude Moore) at Rock Ridge – 3:30 pm
3	4 Practice – 8:30-9:30 pm Potomac Club	5 Practice – 8:30-9:30 pm Potomac Club	6 Practice – 8:30-9:30 pm Potomac Club	7 Team Meeting – 4:00-5:00 pm Room 1206 Pasta Party @TBD – 7:00pm	8 Swim Meet (Ida Lee) at Heritage – 7:00 pm	9
10	11 Practice – 8:30-9:30 pm Potomac Club	12 Practice – 8:30-9:30 pm Potomac Club	13 Practice – 8:30-9:30 pm Potomac Club	14 Team Meeting – 4:00-5:00 pm Room 1206 <i>Starting Blocks Practice Optional</i> 9:30-10:30pm – Ida Lee	15 Pasta Party @TBD – 7:00pm	16 Swim Meet (Claude Moore) vs Dominion – 11:30 am
17	18 Practice – 8:30-9:30 pm Potomac Club	19 Practice – 8:30-9:30 pm Potomac Club	20 Practice – 8:30-9:30 pm Potomac Club	21 Team Meeting – 4:00-5:00 pm Room 1206 Pasta Party @TBD – 7:00pm	22 Swim Meet (Ida Lee) vs Park View – 9:00 pm	23 Swim Meet (Claude Moore) At Stone Bridge – 5:30 pm
24	25 Practice – 8:30-9:30 pm Potomac Club	26 Practice – 8:30-9:30 pm Potomac Club	27 Practice – 8:30-9:30 pm Potomac Club	28 Team Meeting – 4:00-5:00 pm Room 1206 Pasta Party @TBD – 7:00pm	29 Swim Meet (CPAC – Manassas)) vs Brentsville – 7:00 pm	30
31						

~ February 2016 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Practice – 8:30-9:30 pm Potomac Club	2 Practice – 8:30-9:30 pm Potomac Club	3 Practice – 8:30-9:30 pm Potomac Club	4 Team Meeting – 4:00-5:00 pm Room 1206	5	6
7	8 Practice – 8:30-9:30 pm Potomac Club	9 Practice – 8:30-9:30 pm Potomac Club	10 Practice – 8:30-9:30 pm Potomac Club	11 Team Meeting – 4:00-5:00 pm Room 1206	12 Conference Championship Meet Richmond, VA Time TBD	13
14	15 Practice – 8:30-9:30 pm Potomac Club	16 Practice – 8:30-9:30 pm Potomac Club	17 Practice – 8:30-9:30 pm Potomac Club	18 Team Meeting – 4:00-5:00 pm Room 1206 <i>State Championship Possible Date Location TBD</i>	19 <i>State Championship Possible Date Location TBD</i>	20 <i>State Championship Possible Date Location TBD</i>
21	22	23	24	25 End-of-Season Party RVHS Cafeteria 7:00-9:00 pm	26	27
28						